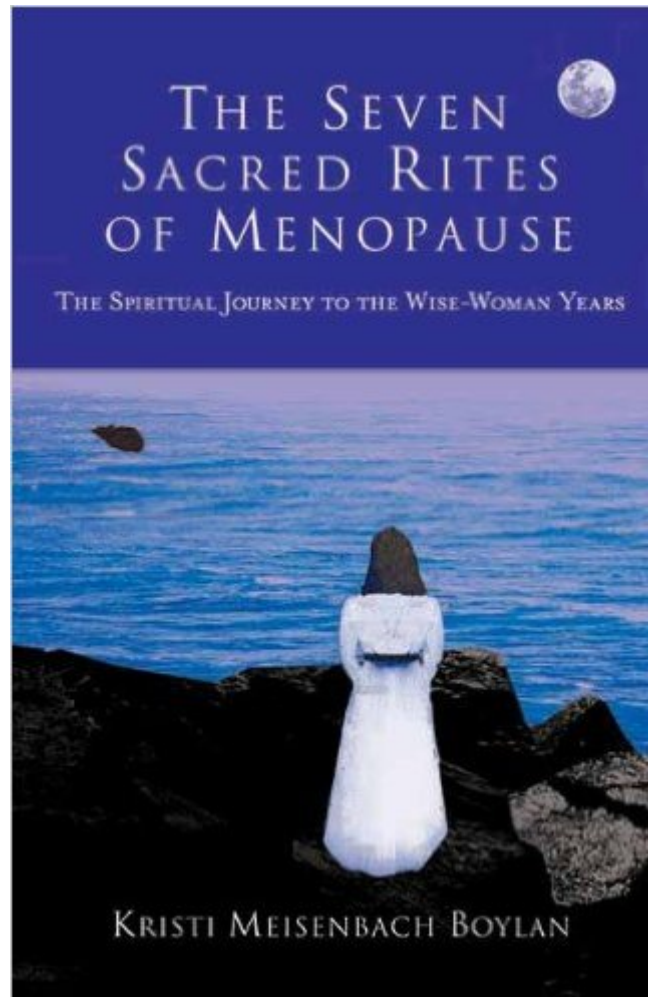


The book was found

The Seven Sacred Rites Of Menopause: The Spiritual Journey To The Wise-Woman Years



Synopsis

At this very moment over fifty million women are going through menopause. Pharmaceutical companies are mass marketing hormones as fast as doctors can prescribe them, and menopausal seminars sponsored by these companies are crisscrossing the country in an effort to educate women on easing the physical pains of hormone deficiencies. Books like *The Silent Passage*, *What Your Doctor Won't Tell You About Menopause*, and *Listening To Your Hormones* are flying off the shelves because women are desperate to learn even more. And yet, these doctors, seminars, and books still haven't addressed what every transitional woman instinctively knows: Menopause is much more than just a list of physical ailments, menopause is a spiritual journey. *The Seven Sacred Rites of Menopause: The Spiritual Journey to the Wise-Woman Years* is a groundbreaking work that will usher in a new way for women to cope with the emotional and physical challenges of menopause. Venturing into uncharted territory, Kristi Meisenbach Boylan takes an intriguing and original look at the seven rituals that menopausal women move through on their voyage to the wise-woman years. Author Meisenbach Boylan believes that these seven ceremonial milestones should be viewed as celebrations—not as symptoms of an illness—and that the menopausal life passage isn't just about a woman's body fighting to correct hormonal imbalances, but is really about the soul trying to find its spiritual balance.

Book Information

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Customer Reviews

I just read two of the reviews of this book and I am literally dropping everything to attest to my very different experience of this book. As a woman, as someone who has worked to guide women over

the last decade to better understand and reconnect with their bodies as a way of better understanding and valuing themselves, and as a graduate of a Master's Program in Women's Spirituality, I cannot recommend this book highly enough. In just over 140 very manageable pages, the author has brilliantly and beautifully illustrated the journey of a woman toward menopause in a way that invites the reader to re-envision her movement through and beyond midlife not as a road toward being even less valued, less beautiful and less powerful but rather, the opposite. It is informative in the physical, intellectual, spiritual and emotional realms of womanhood and ties them all together brilliantly. In fact, this recently became one of the books I recommend most to my clients and friends alike because I believe it is so important in the process of us re-envisioning ourselves and the source of our power, wisdom and beauty as women.

As a female minister and teacher, I am so impressed with the way the author frames the menopause experience. I gift this book so often that I find a need to keep a couple copies in my office so they are handy. There are lots of books and sources for medical data about menopause. This book is a spiritual book designed to help women understand that there is more than a biological reason for this transition. Understanding the spiritual opportunities that are inherent in menopause is invaluable in that it gives greater purpose to what might otherwise seem like a cruel joke of the Cosmos. This book is a gem and I highly recommend it!

Beautiful menopausal insights based on the mysteries of Avalon. This book will help you awaken your inner wise-woman and transition to this life change. Lisa Michaels Author, Creation Coach, Speaker Nature's Success System: Secrets to Energize Your Health, Wealth and Passion with the Feminine Power of Creation Elemental Forces of Creation Oracle Cards Prosperous Priestess Handbook: A Guide to Unlock the Secret Riches of Your Inner Creation Goddess Natural Rhythms: Connect the Creational Dance of Your Life to the Pulse of the Universe

Though the author tries to draw women in with references to Goddess religion and women's ways of knowing, it is truly written for the woman who hasn't yet begun her "Goddess journey" on any level in her life. As a priestess, I was very disappointed in the many references to "God" and the negation of Goddess wisdom. The author should have stuck to writing for a patriarchal audience, as matri-focal women will find little value in this.

I was so disappointed in this book. I read passages to my husband and we were in hysterics. I could

not finish it, but I browsed. If you are a women in your 40's and need information on this subject, Christine Northrup is a much better option. This book was just plain stupid....I felt like I was reading menopause for 4th graders!

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